

## Equipment List for the Snow Trip

List of things to bring (use 1 large bag and 1 small day pack):

### I. **The Journey**

- Travel sickness tablets, if necessary

### II. For indoors:

- Track suit or comfortable clothing (2 sets)
- Nightwear
- Changes of underwear
- Slippers (shoes not allowed in the centre)
- Toiletries (including personal medicine and sun cream)
- 1 large towel

### III. For outdoors:

- A sturdy pair of shoes (walking shoes are ideal) and / or snow boots (but not “moon” boots, which cannot be worn with snow shoes)
- Waterproof trousers or snow pants
- An extra warm jumper / sweater
- A warm, waterproof jacket (gortex or anorak)
- A warm hat
- 2 pairs of warm gloves (as waterproof as possible and NOT woollen)
- Warm socks (several pairs)
- Any spares of the above if you have them
- A scarf
- Sunglasses
- Plastic bags for wet clothes, including 1 very large bin bag
- A small rucksack
- A small water bottle

### IV. For indoor and outdoor activities:

- Usual school pencil case, including a compass, glue and scissors
- Blank paper
- Felt pens or coloured crayons
- Special pens (glitter, etc.)
- Water paints and brush (optional)
- A flat, plastic sledge (“snow spoon”) (optional: NB no large sledges allowed)
- A camera (optional)

### V. **List of things NOT to bring:**

- Chocolate, chewing gum and sweet drinks for the trip
- Pocket money (no shops)
- Portable CD players, MP3s, etc. (at your own risk)**Where possible, all items should be marked with your child’s name.**

